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Webwise // Parents

 Co-financed by the European Union
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PDST
Partnership for Digital Skills Training
www.pdst.ie



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agus Scileanna
Department of
Education and Skills



Hello!

I am INSERT NAME

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The overall objective of this workshop is to provide parents with information and skills to support their children's online activity.



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Agenda for tonight:

- ▶ Survey
- ▶ Cyberbullying
- ▶ Screen time
- ▶ Digital footprint and online safety
- ▶ How popular apps work
- ▶ Ways to manage screentime
- ▶ Recap
- ▶ Questions



“

*Top concerns for Irish Parents:
cyberbullying, spending too much
time online, online
grooming/exploitation and
accessing inappropriate content.*

Webwise//NPC Parenting Survey 2017



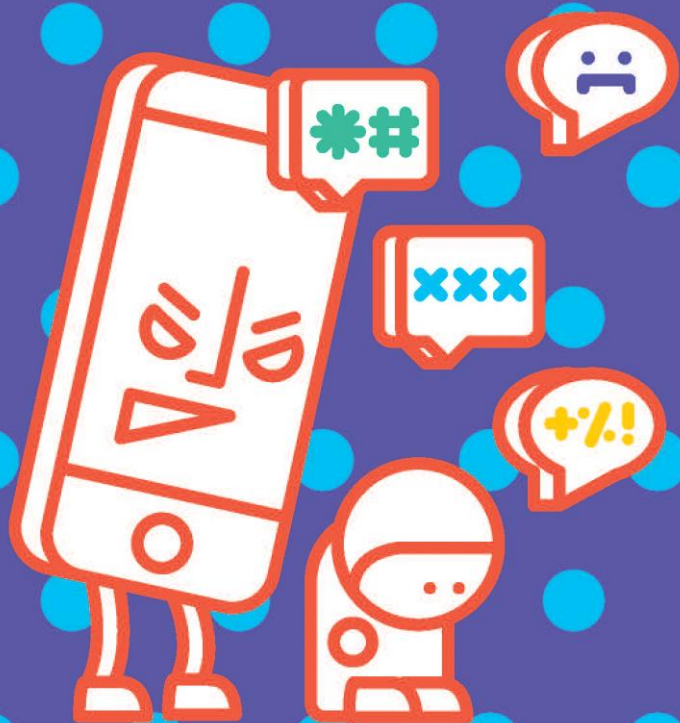
Menti Survey

- ▶ Go to:
<https://www.menti.com/igu7tv169m>

or

- ▶ Scan QR and enter code: 7184 2891





What is Cyberbullying?

“placing a once-off offensive or hurtful public message, image or statement on a social network site or other public forum where that message, image or statement can be viewed and/or repeated by other people will be regarded as bullying behaviour”

ACTIVITY: DEALING WITH CYBERBULLYING

Your 13 year old daughter comes to you and tells you that she is upset and doesn't want to go into school tomorrow. She says that she is being mocked in a group chat, her classmates use it to share jokes and make plans for the weekend.

She has seen that rumours are being spread about her in the chat and that some children have photo shopped her face onto faces of photos of animals and obese adults and they are posting them alongside nasty comments about her appearance.

How do you think you should respond?



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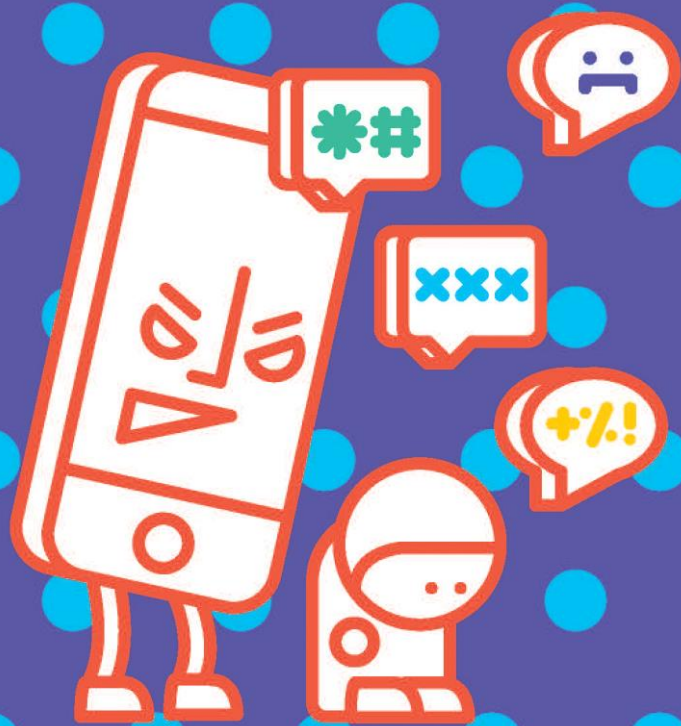


How to respond to scenario:

- ▶ **PRAISE THEM FOR SHARING AND SHARE SCREEN GRABS WITH THE SCHOOL**
- ▶ **LISTEN AND DO NOT JUDGE**
- ▶ **SUPPORT THEM**
- ▶ **DON'T REMOVE TECHNOLOGY.**
- ▶ **BUILD CONFIDENCE.**

DEALING WITH CYBERBULLYING

- ▶ Don't reply
- ▶ Keep the message
- ▶ Block the sender
- ▶ Talk to someone





‘The granny rule’

- ▶ *If you wouldn't show a picture/comment to your granny then it probably shouldn't be online!*

ACTIVITY: BENEFITS OF THE INTERNET FOR CHILDREN



REMEMBER THE BENEFITS OUTWEIGH THE RISKS!

While undoubtedly there are valid concerns about children spending too much time online, accessing inappropriate content, and communicating with people with intent to harm or exploit them: it is equally clear that the internet presents fantastic opportunities for children,

**What do you think are the main benefits
for children from using the internet ?**



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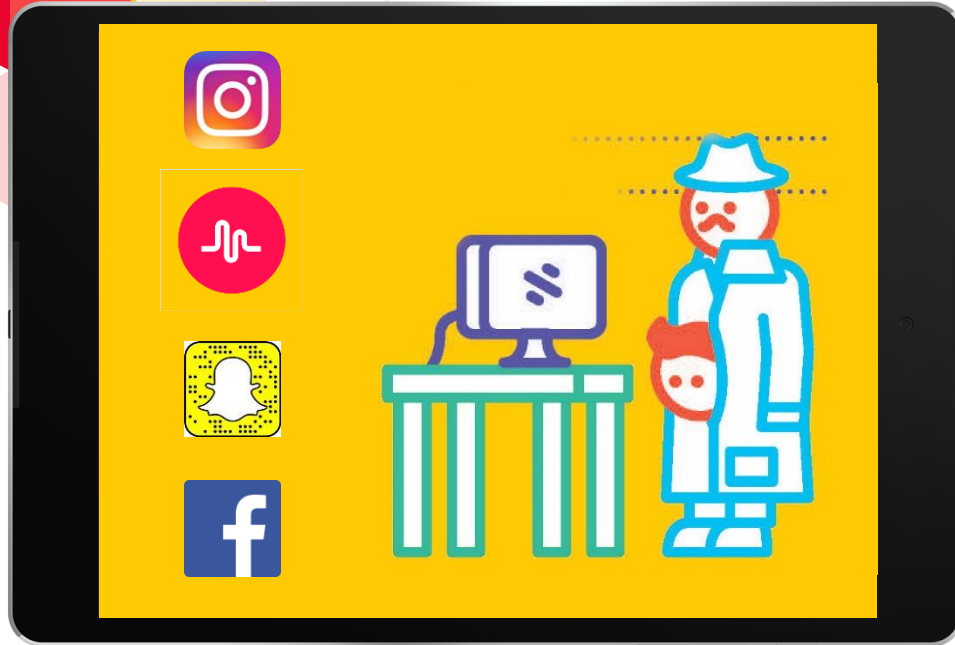


VIDEO >>> TALKING TO YOUR CHILD ABOUT WHAT THEY DO ONLINE



Click the Link to play video: <https://vimeo.com/191045340>

SOCIAL NETWORKING



WHAT IS THE RIGHT AGE TO START?



AGE RESTRICTIONS



SUPERVISION + SETTINGS



EXPECTATIONS



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ACTIVITY: SOCIAL NETWORKING



If your child is using social media, there are a few things you should talk with them about.

Managing your online reputation has never been more important. Children are now documenting and sharing huge chunks of their lives online and may not be fully aware of the importance of managing their online reputation or of the potential risks involved.

Work in groups of four to rank the social networking tips on pages 11 and 12 in order of importance.



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DIGITAL FOOTPRINT

5 Steps for Managing your Digital Footprint



Check your settings



Do the search



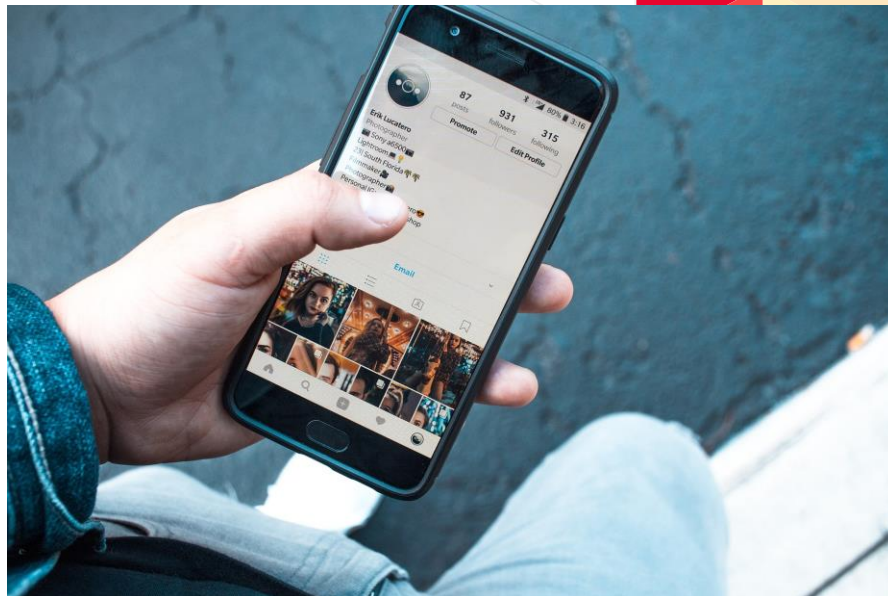
Create strong passwords



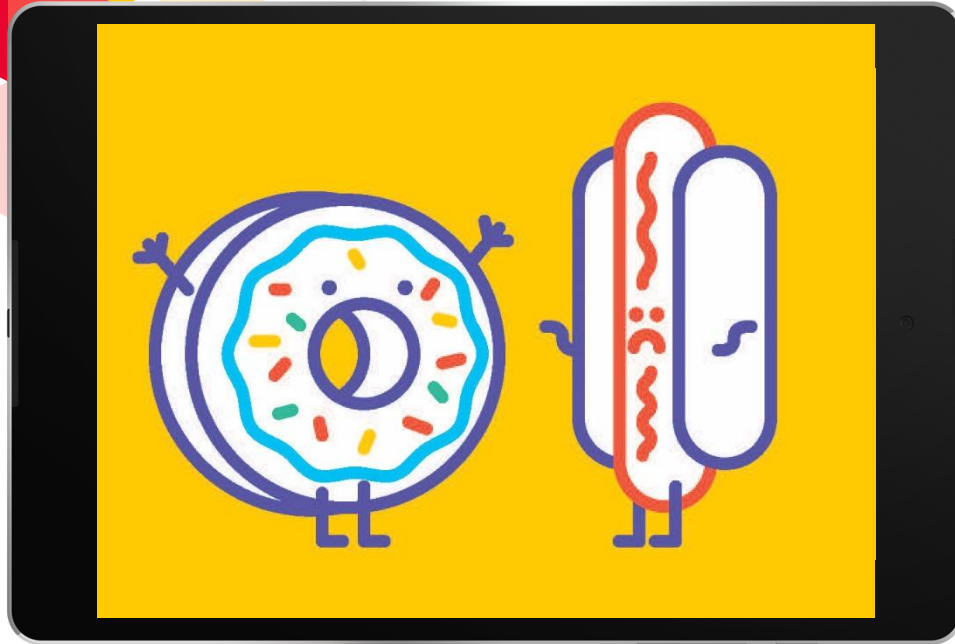
Be kind online



Think before you post



INAPPROPRIATE CONTENT



VIOLENT CONTENT



PORNOGRAPHY/NSFW



PROMOTING HATE



UNRELIABLE INFORMATION



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Fake News Demo

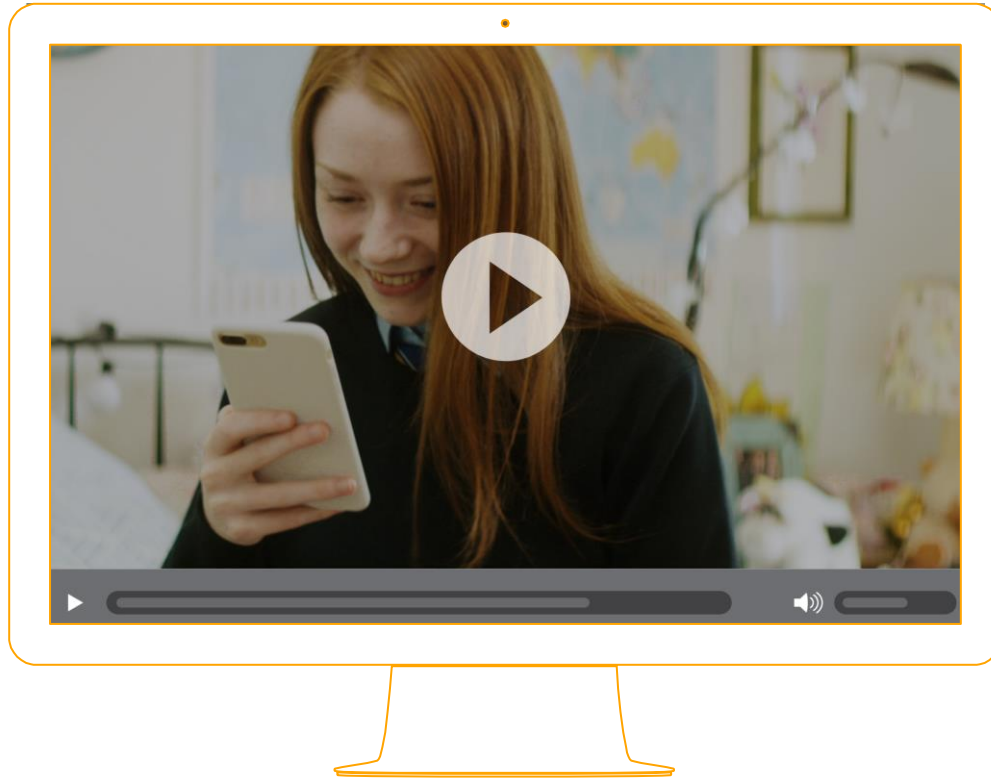
- ▶ How easy is it to create fake news?
- ▶ RTE NEWS – <https://www.rte.ie/>

VIDEO >>> TALKING TO YOUR CHILD ABOUT PORNOGRAPHY



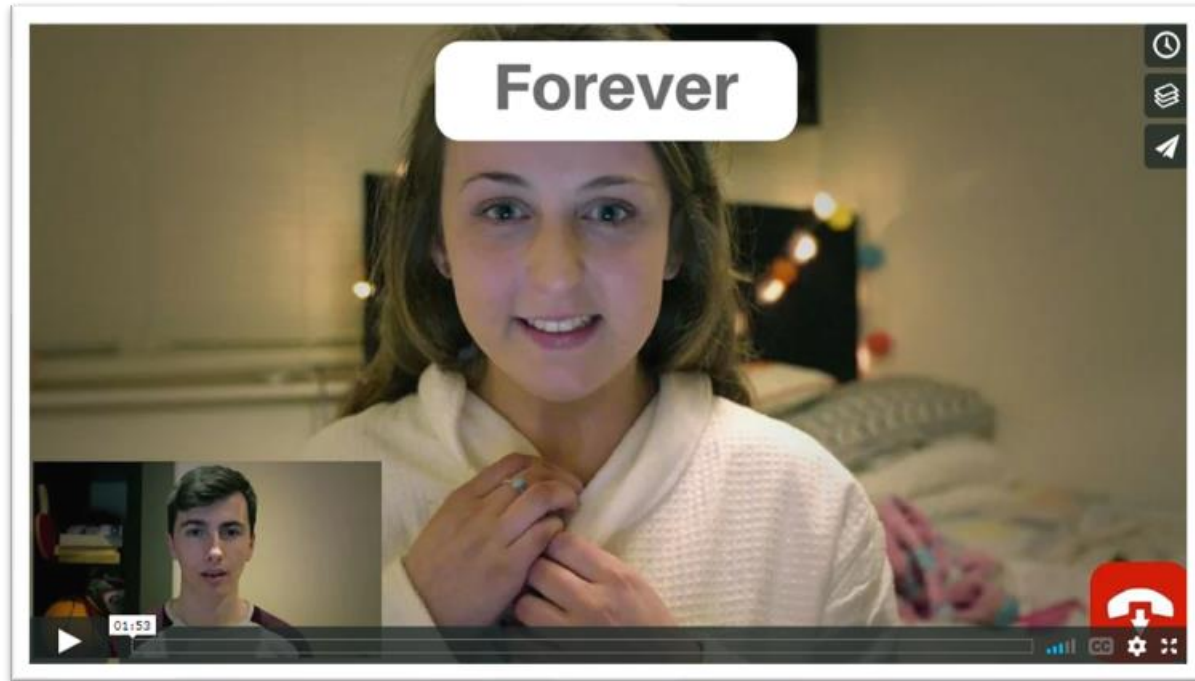
Click the Link to play video: <https://vimeo.com/200804644>

VIDEO >>> TALKING TO YOUR CHILD ABOUT SEXTING



Click the Link to play video <https://vimeo.com/353983237>

VIDEO >>> FOREVER



Click the Link to play video: <https://vimeo.com/154299804>

IMAGE SHARING // TALKING POINTS



What is personal information?



What is okay to share online?



Saying no!

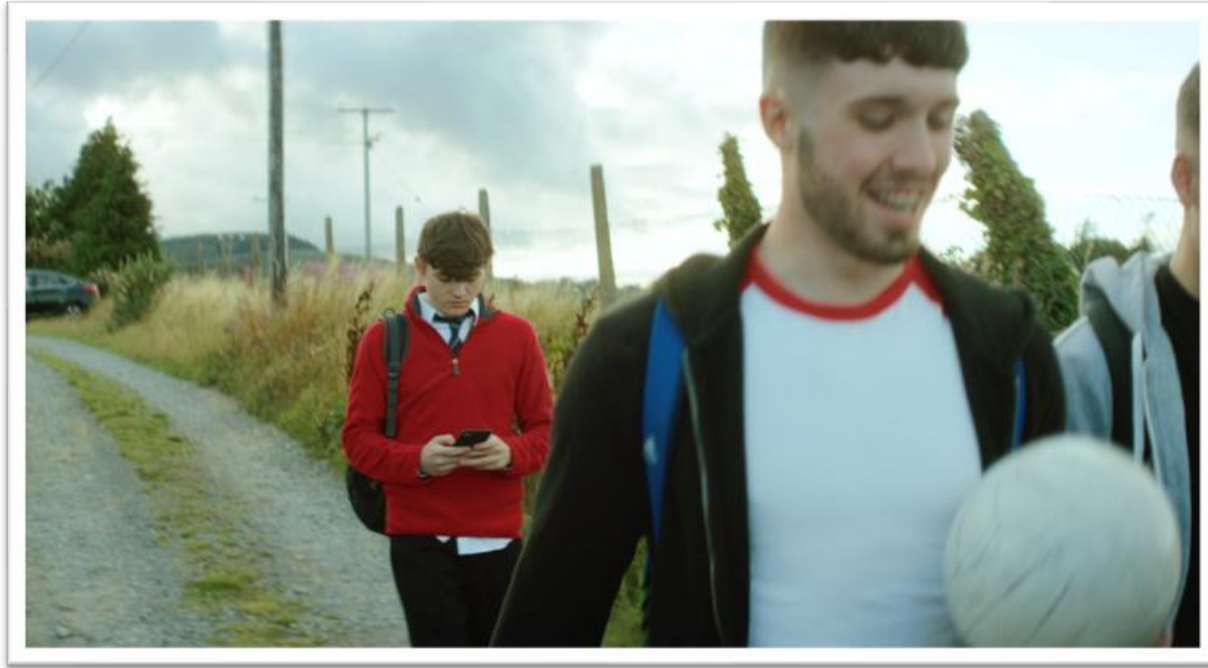


Fake profiles...



Sharing without permission

VIDEO >>> #BEINCTRL



Click the Link to play video: <https://vimeo.com/289090948>

PROTECTING YOURSELF: #BEINCTRL



Don't share more.
Don't pay more



Preserve evidence.
Don't delete anything



Stop the communication.
Block the person



Report the problem to An
Garda Síochána



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Webwise.ie/Parents – Apps Explained

Get Informed

Keep up to date with the latest apps and social networks your children are using.



musical.ly

musical.ly is a social media platform for creating, sharing and discovering short music

[Learn more](#)



Instagram

Instagram is among a breed of smart phone apps which have tapped into the creative,

[Learn more](#)



Whatsapp

WhatsApp is a free to download messenger app for smartphones. WhatsApp uses

[Learn more](#)



Snap Map

What is Snap Map? The latest update from Snapchat includes a new location

[Learn more](#)

VIDEO >>> LEAD BY EXAMPLE



Click the Link to play video: <https://vimeo.com/191043980>

ACTIVITY: GET INFORMED

As a parent it is important that you understand what apps, games and social networks your child is using

- ▶ Work in groups of four
- ▶ Visit Webwise.ie/parents – Get Informed
- ▶ Find the relevant explainer for the app/game/network given to your group
- ▶ Read the explainer, note down main functions, why kids like it and what are the risks.



How apps work...

<https://www.webwise.ie/category/parents/explainers/>

<https://www.commonsensemedia.org/blog/parents-ultimate-guide-to-discord>

WhatsApp

- ▶ Messaging app
- ▶ Individual chats
- ▶ Group chats
- ▶ Location sharing





Instagram

- ▶ Image/video based social media app
- ▶ Warped reality – filters, staged, ads, promoted content
- ▶ Comments
- ▶ ‘likes’ obsession



Instagram



TikTok

- ▶ Video sharing social media
- ▶ Social media trends
- ▶ Comments
- ▶ Public or private account
- ▶ 'likes' obsession
- ▶ Duet/stitch videos





Others...

- ◀ Discord

- ◀ Chat app allows users to chat in real time using text, voice or video. Over 100 million users currently. The app hosts servers/chatrooms on different topics.

- ◀ House Party

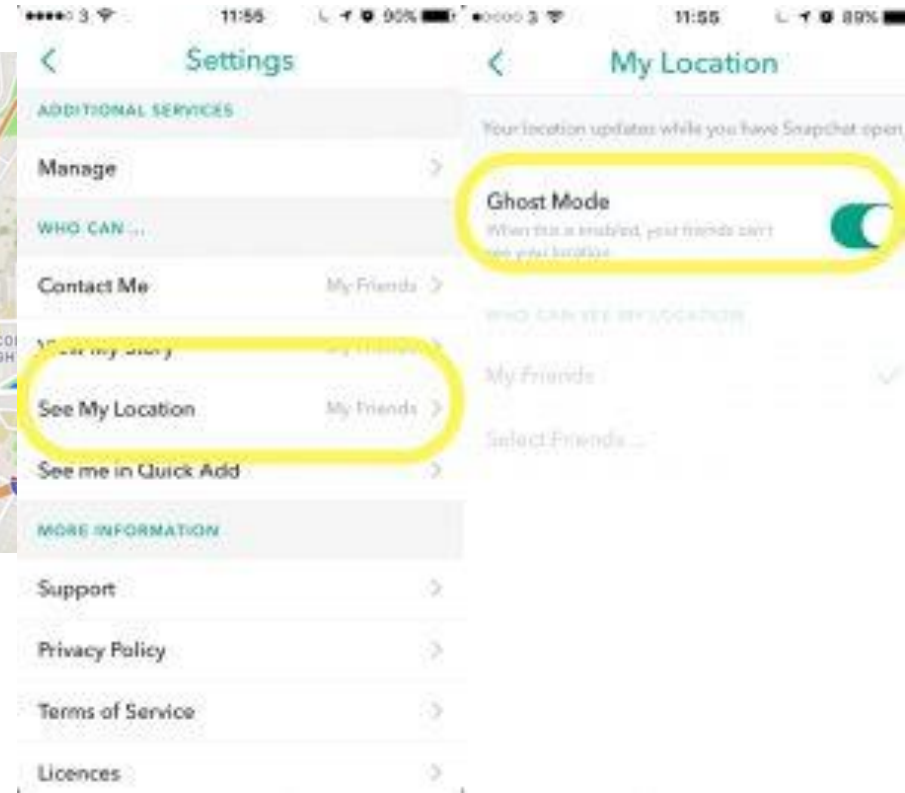
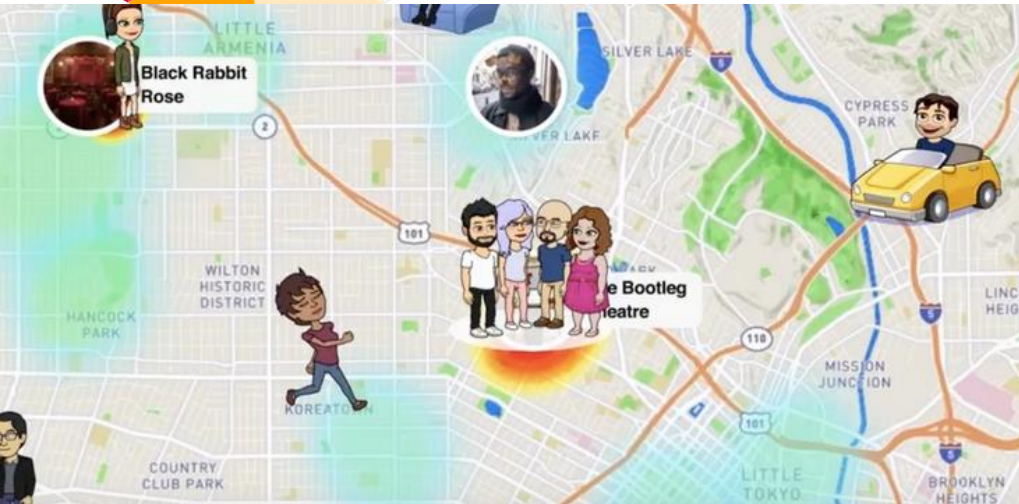
- ◀ Video-chatting app, allowing users to connect with up to 8 people at a time

Snapchat



- ▶ Send images/video/audio
- ▶ Images - 1 – 10 secs or infinity.
- ▶ Videos – play once or loop
- ▶ Chat history will stay max. 24hrs, unless saved.
- ▶ Snap maps – shares location

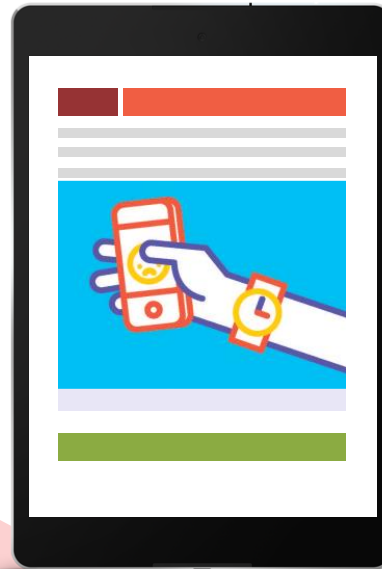
Snap Maps



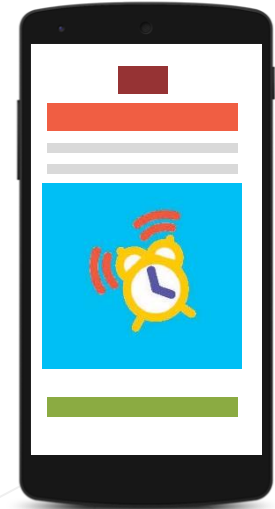
How much is too much?



Agree limits



Walk the talk



ACTIVITY: INTRODUCING TECH AT HOME



TECHNOLOGY CAN BE A SOURCE OF CONFLICT IN THE HOME

One of the **areas of conflict** in the home nowadays between parents and children is over their use of technology. There are lots of things you can do to reduce the stress and anxiety.

1. Set Rules
2. Negotiate and listen to your children
3. Think about consequences and enforce rules



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webwise.ie

VIDEO >>> DEALING WITH CONFLICT AROUND TECHNOLOGY USE AT HOME



Click the Link to play video: <https://vimeo.com/200805499>



How to manage screen time...



Managing screen time

- ▶ Digital wellbeing (Android)
- ▶ Screen time (Apple)
- ▶ Google Family link



Digital wellbeing app (android)

- ▶ Screen time break down
- ▶ Parental controls (family link)
- ▶ Bedtime mode
- ▶ Focus mode



Screen time (Apple)

- ▶ Daily activity breakdown
- ▶ App limits (time based, linked to icloud)
- ▶ Communication limits
- ▶ Content/privacy restrictions
- ▶ Screen time for family.

Google family link



- ▶ Works on Apple and Android
- ▶ View activities
- ▶ Manage apps – approve downloads, send apps
- ▶ Set limits
- ▶ Lock device
- ▶ See location
- ▶ <https://families.google.com/familylink/>



Expert Advice Videos



Advice



Talking Points



How to



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START THE CONVERSATION...



What are your favourite things to do online?



What sort of information should you keep private?



What can you do to be safe online?



What would you do if something online made you uncomfortable?



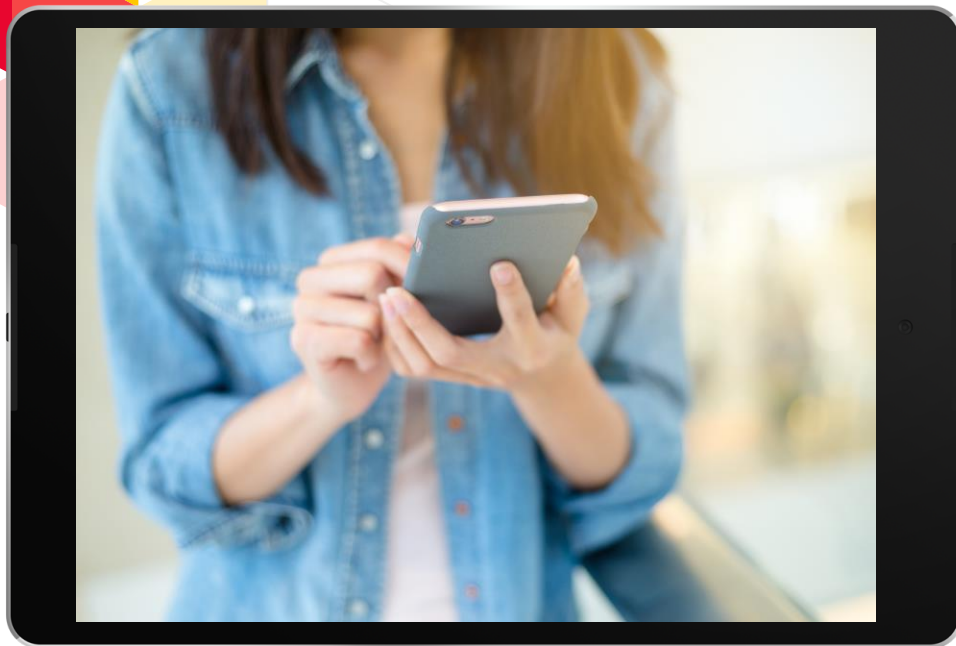
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NEXT STEPS



Visit
[Webwise.ie/Parents](https://www.webwise.ie/Parents)



Have the chat



Agree guidelines



Keep up to date..
Follow Webwise Ireland



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THANKS!

ANY QUESTIONS?

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Parents guide to better internet



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